

Parent Project® ([Short Video](#))

What is Parent Project®?

It is an 11-week program designed specifically for parents of strong-willed or out-of-control adolescent children. The curriculum involves concrete prevention, identification, and intervention strategies for the most destructive of adolescent behaviors (poor school attendance and performance, alcohol and other drug use, runaways and violent teens, etc.).

How does it work?

Parents meet one time a week for approximately two and one-half to three hours. Parents receive and work within an activity based 216-page curriculum “A Parent’s Guide to Changing Destructive Adolescent Behavior” available only to program participants. Parent Support Groups are formed using the UCLA self-help support group model. The program is oriented toward behavior modification.

Who facilitates the program?

Over 3,000 trained facilitators in over 30 states have successfully completed the forty-hour Parent Project® facilitator training. The creators of the program require that the program be facilitated only by those certified through them. The program is presented by Schools, Police and Probation Departments, Churches, Community Based Organizations, Volunteer Parents, etc.

Why the Parent Project®?

Twenty+ years in development, the Parent Project® is the only course of its kind, providing activity-based instruction, support groups and curriculum addressing the most destructive of adolescent behavior. Over 100,000 families have attended Parent Project® classes nationwide. The program has been adopted statewide in Idaho, is the largest court-mandated diversion program in Los Angeles and San Bernardino, CA counties and the program has been identified through a study commissioned by the Office of Juvenile Justice and Delinquency Prevention (OJJDP) as the only program operating in multiple states; the only program with a published, structured curriculum addressing the most destructive adolescent behaviors, and the only program with a formal training process for facilitators.

How does this program differ from “Parenting Classes?”

The Parent Project® has been developed over the course of 20+ years with input from over 400,000 parents across the country. It is written by parents for parents. It uses a Support Group model to allow parents to learn from each other as well as the curriculum. It gives parents concrete prevention and intervention strategies which can be put into immediate use within the home. These are not theories that lack real-world effectiveness – these are strategies that have been effective for parents right here in Hamilton County Indiana.

Why should I attend this class when it’s my kid who got in trouble?

It is important to recognize this program is not a “parenting class” designed to “teach people how to be better parents.” This program is designed to offer parents strategies in dealing with strong-willed and out-of-control children. It also offers parents support and encouragement as they deal with difficult circumstances. This program requires 33 hours of classroom work – less than a single work-week for an opportunity to make significant improvement in family relationships. We believe that every parent who has

successfully completed the program with the Hamilton County Courts Department of Probation Services has walked away with something positive to show for their efforts. **To sign up for the class or if you would like more details about the program, please visit www.parentproject.com, or contact one of the facilitators listed below at (317) 776-5856 for more information.**

Who are the Facilitators?

We have five trained facilitators. Two facilitators will be teaching each group.

Rob Evans, Probation Officer in Hamilton County since 2000
Graduate of Indiana Wesleyan University

Sheri Ross, Probation Officer in Hamilton County since 2006
Graduate of Taylor University

How much does the program cost and what is included?

Because the program has been shown to reduce juvenile delinquency and reduce the use of alcohol and other drugs, the Hamilton County Probation Department and the Hamilton County Council on Alcohol and Other Drugs have partnered to cover most of the costs of the program. The program fee is \$80 per individual or couple. Money Orders/Cashier's Checks should be made out to the "Hamilton County Treasurer" and submitted upon receiving a workbook at the start of the first meeting. We cannot accept a personal check or cash. The fee includes one workbook per couple and a meal at every meeting. An additional workbook may be purchased for \$35 if desired.

What constitutes a successful completion of the program?

Attendance is required at 10 of the 11 sessions to be considered a successful completion of the program. There is no policy on excused vs. unexcused absence. A missed session is simply a missed session. Please do not skip a session simply because you are allowed to miss one! An illness may cause one to miss a session later in the program. You will be allowed (and encouraged) to continue to attend even if you miss a second session but it cannot be considered a "successful" completion.

Contact Rob Evans at (317) 776-5856 or by email at parent.project@hamiltoncounty.in.gov to sign-up today!!!