

September 2018

SES SHERIDAN

BREAKFAST

School Information:



September 3rd Labor Day
September 12th early release



Nutrition Tip

More fruits and vegetables are served at your school every day.
A variety of fruits and vegetables are served throughout the week
Including red, orange, and dark-green vegetables.



Monday

Tuesday

Wednesday

Thursday

Friday

3

LABOR DAY
Students not in attendance
Enjoy with family and friends ☺

4

CEREAL, FRUIT, JUICE, MILK

5

MINI FRENCH TOAST, FRUIT,
JUICE, MILK

6

APPLE BOSCO STICK, FRUIT,
JUICE, MILK

7

DUTCH WAFFLE, FRUIT, JUICE,
MILK

10

BREAKFAST BAR, CHEESE
STICK, FRUIT, JUICE, MILK

11

BREAKFAST PIZZA, FRUIT,
JUICE, MILK

12

PANCAKE WRAP, FRUIT, JUICE,
MILK

13

BISCUIT & EGG PATTY, FRUIT,
JUICE, MILK

14

BREAKFAST BITES, FRUIT,
JUICE, MILK

17

CEREAL, FRUIT, JUICE, MILK

18

BREAKFAST BURRITO, FRUIT,
JUICE, MILK

19

APPLE TEXAS TOAST, FRUIT,
JUICE, MILK

20

BREAKFAST SLIDER, FRUIT,
JUICE, MILK

21

APPLE BOSCO STICK, FRUIT,
JUICE, MILK

24

MUFFIN & CHEESE STICK,
FRUIT, JUICE, MILK

25

BREAKFAST PIZZA, FRUIT,
JUICE, MILK

26

MINI MAPLE PANCAKES, FRUIT,
JUICE, MILK

27

BISCUIT & SAUSAGE, FRUIT,
JUICE, MILK

28

BREAKFAST BITES, FRUIT,
JUICE, MILK



Menu may change without notice

REMINDER:

Breakfast served every school day
starting at 7:45. The cost for
breakfast is \$1.50 & .30 for reduced.

If your student receives free or
reduced lunches they also receive
free/reduced breakfast.

