

May 2018

SES SHERIDAN

BREAKFAST



School Information:

Last day of school: May 25th

Have a safe and enjoyable summer break. 😊



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday

Wednesday

Thursday

Friday

1

OMLET SANDWICH, FRUIT,
JUICE, MILK

2

CINNI MINI ROLLS, FRUIT,
JUICE, MILK

3

BISCUIT AND SAUSAGE, FRUIT,
JUICE, MILK

4

BREAKFAST SLIDERS, FRUIT,
JUICE, MILK

7

MUFFIN AND CHEESE STICK,
FRUIT, JUICE, MILK

8

BREAKFAST PIZZA, FRUIT,
JUICE, MILK

9

APPLE TEXAS TOAST, FRUIT,
JUICE, MILK

10

CEREAL, FRUIT, JUICE, MILK

11

BAGEL WITH CREAM CHEESE,
FRUIT, JUICE, MILK

14

CEREAL, FRUIT, JUICE, MILK

15

BREAKFAST TOAST, FRUIT,
JUICE, MILK

16

MINI PANCAKES, FRUIT, JUICE,
MILK

17

BISCUIT AND EGG PATTY,
FRUIT, JUICE, MILK

18

APPLE BOSCO, FRUIT, JUICE,
MILK

21

POPART AND CHEESE STICK,
FRUIT, JUICE, MILK

22

BREAKFAST BITES, FRUIT,
JUICE, MILK

23

PANCAKE WRAP, FRUIT, JUICE,
MILK

24

CEREAL, FRUIT, JUICE, MILK

25

COOK'S CHOICE

28

MEMORIAL DAY

29

SUMMER BREAK

30

SUMMER BREAK

31

SUMMER BREAK

