

May 2018

SES SHERIDAN

LUNCH



School Information:

Last day of school May 25th ☺

To find your closest summer feeding program please check the Indiana State Education website. Thank You



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

Monday



Menu subject to change without notice.

Tuesday

1

CHEESEBURGER, ONION RINGS, BAKED BEANS, FRESH FRUIT, MILK

Wednesday

2

MANHATTAN'S, MASHED POTATOES, SPINACH, BREAD AND BUTTER, MIXED FRUIT, MILK

Thursday

3

SUB SANDWICH, VEGGIE STICKS AND DIP, BAKED CHIPS, FRESH FRUIT, MILK

Friday

4

MINI TACOS, SPANISH RICE, REFRIED BEANS, CUCUMBER SLICES, PINEAPPLE TIDBITS, MILK

7

CHICKEN WRAP, LETTUCE AND CHEESE, NACHO CHIPS & SALSA, PEPPER STRIPS, PEACHES, MILK

8

CORN DOGS, SWEET POTATO FRIES, BAKED BEANS, FRESH FRUIT, MILK

9

BLACKHAWK BOWL, MASHED POTATOES, CORN, CHEESE, GRAVY, ROLL AND BUTTER, PEARS, MILK

10

CHICKEN TETRAZZINI, ROMAINE SALAD, CHERRY TOMATOES, BOSCO STICK, STEWED APPLES, MILK

11

HAM AND CHEESE SANDWICH, CHIPS, CARROT STICKS, FRESH FRUIT, COOKIE, MILK

14

GRILLED CHEESE SANDWICH, SWEET POTATO FRIES, PASTA SALAD, MIXED FRUIT, MILK

15

CHINESE CHICKEN, EGG ROLL, STIR FRY VEGGIES, FRESH FRUIT, FORTUNE COOKIE, MILK

16

HAM AND CHEESE POTATOES, GREEN BEANS, BREAD AND BUTTER, CINNAMON APPLESAUCE, MILK

17

MACHO NACHO, MEXICAN RICE, CHARRO BEANS, CHERRY TOMATOES, FRESH FRUIT, MILK

18

CHICKEN PARMESAN, ROMAINE SALAD, PEPPER STRIPS, BREADSTICK, PINEAPPLE TIDBITS, MILK

21

PANCAKES, HASH BROWNS, SAUSAGE LINKS, TOMATO JUICE, MANDARIN ORANGES, MILK

22

COOK'S CHOICE, MEXICAN, CHUCK WAGON CORN, SEASONED BLACK BEANS, FRESH FRUIT, MILK

23

COOK'S CHOICE, SANDWICH, ROMAINE SALAD, FRENCH FRIES, PEACHES, MILK

24

FISH NUGGETS, ONION RINGS, BAKED BEANS, FRESH FRUIT, MILK

25

PIZZA, VEGGIE STICKS, BAKED CHIPS, FRUIT, MILK

ENJOY YOUR SUMMER BREAK ☺

28

MEMORIAL DAY

29

SUMMER BREAK

30

SUMMER BREAK

31

SUMMER BREAK

