

## SCHOOL BASED ACTIVITIES and INFORMATION THAT PROMOTE STUDENT/STAFF WELLNESS

Kdg. visit to Russell farms

Student involved Red ribbon week

Dental screening for students

Guest speakers to inform students the dangers of drugs, alcohol, and vaping

Fundraiser for American Heart Association (Kids Heart Challenge)

“Counselors corner” and “Message from our Nurse” for parents and guardians school newsletter

Student taste testing for healthy choices for lunch

Guest speakers to inform Middle and High School students on how to actively create healthy and positive relationships throughout their lives

Family game night

Yearly school staff training

Bully Free Convocation

School fire, tornado and active shooter drills