

May 2018

SMS-SHS SHERIDAN

BREAKFAST



School Information:

Last day of school: May 25th

Have a safe and enjoyable summer break. 😊



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday

Wednesday

Thursday

Friday

1

FRUIT FILLED BAGELFUL,
FRUIT, JUICE, MILK

2

STRAWBERRY PANCAKES,
FRUIT, JUICE, MILK

3

BREAKFAST SLIDERS, FRUIT,
JUICE, MILK

4

FILLED CROISSANT, FRUIT,
JUICE, MILK

7

WARM CHERRY FRUDEL,
FRUIT, JUICE, MILK

8

BREAKFAST SANDWICH, FRUIT,
JUICE, MILK

9

WAFFLES, FRUIT, JUICE, MILK

10

PANCAKE WRAP, FRUIT, JUICE,
MILK

11

WHOLE GRAIN DONUT, FRUIT,
JUICE, MILK

14

CINNI-MINIS, FRUIT, JUICE,
MILK

15

FRENCH TOAST, FRUIT, JUICE,
MILK

16

PANCAKES, FRUIT, JUICE, MILK

17

FILLED CROISSANT , JUICE,
FRUIT, MILK

18

BREAKFAST SLIDERS, FRUIT,
JUICE, MILK

21

WARM BREAKFAST BOSCO,
FRUIT, JUICE, MILK

22

BREAKFAST PIZZA, FRUIT,
JUICE, MILK

23

WAFFLES, FRUIT, JUICE, MILK

24

BREAKFAST SANDWICH, FRUIT,
JUICE, MILK

25

COOK'S CHOICE

28

MEMORIAL DAY

29

SUMMER BREAK

30

SUMMER BREAK

31

SUMMER BREAK

