

FEBRUARY 2024

Sheridan Elementary School

LUNCH



School Information:

FEB. 12TH E-LEARNING DAY

FEB. 19TH PRESIDENTS DAY / FLEX DAY



February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

Reference: USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



WE LOVE
SCS ☺

Lasagna roll-up,
romaine salad,
cucumbers, garlic
bread, fresh fruit, milk

1

Biscuit & gravy,
sausage, hash brown
patty, tomato juice,
cooked apples, milk

2

Meatballs in marinara,
romaine salad, cherry
tomatoes, bosco stick,
mixed fruit, milk
OR Chef salad

5

Chicken tender wrap w/
cheese, dipping sauce,
coleslaw, funyon chips,
pickle spear, fresh fruit,
milk

6

Meatloaf, mashed
potatoes, mixed
veggies, roll & butter,
applesauce, milk

7

Mexican pizza, refried
beans, nacho chips w/
salsa, pepper strips,
fresh fruit, milk

8

Chicken sandwich,
potato skins w/ cheese,
cooked carrots,
radishes, pears, milk

9

E-LEARNING DAY

12

White chicken chili,
celery sticks, pickle
spears, cornbread, fresh
fruit, milk
OR Turkey sandwich

13

Valentine's Day ☺
Chicken nuggets,
Harvard beets, whipped
potatoes, biscuit, cherry
sidekick,, cookie, milk

14

Hamburger, French
fries, stewed tomatoes,
carrot sticks, fresh fruit,
milk

15

Pancakes, sausage link,
hash brown patty,
tomato juice, mandarin
oranges, milk

16

**PRESIDENTS' DAY /
FLEX DAY**

19

Fish sticks, buttered
peas, macaroni &
cheese, radishes, fresh
fruit, milk
OR Sunbutter sandwich

20

Blackhawk bowl,
chicken smackers,
potatoes, cheese, gravy,
corn, roll & butter,
mixed fruit, milk

21

Beef and bean burrito,
Mexican corn, seasoned
black beans, pepper
strips, fresh fruit, milk

22

Pizza, romaine salad,
cherry tomatoes, baked
chips, pineapple, milk

23

Hot dog, baked beans,
tater tots, carrot sticks,
pears, milk
OR Chef salad

26

Chicken tetrazzini,
romaine salad,
cucumbers, garlic
bread, fresh fruit, milk

27

Country fried steak w/
gravy, whipped
potatoes, spinach,
bread & butter,
peaches, milk

28

Taco w/ lettuce &
cheese, cilantro lime
rice, nacho chips w/
salsa, fresh fruit, milk

29

**This institution is an
equal opportunity
provider.**