

FEBRUARY 2025

Sheridan Middle and High School

BREAKFAST



School Information:
FEB. 10TH E-LEARNING DAY
FEB. 17TH PRESIDENTS' DAY / FLEX DAY



February is National Hot Breakfast Month. A hot breakfast can be anything from pancakes and waffles to breakfast sandwiches to oatmeal or cream of wheat. Which hot breakfasts will you try this month?



MONDAY

Please review SCS Wellness Policy and Triennial Assessment of the policy on SCS website.

TUESDAY



WEDNESDAY



THURSDAY

FRIDAY

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

APPLE FRUDEL, FRUIT, JUICE, MILK

3

PANCAKE WRAP, FRUIT, JUICE, MILK

4

"GRAB AND GO" BREAKFAST
FRUIT, JUICE, MILK

5

BREAKFAST PIZZA, FRUIT, JUICE, MILK

6

CHURRO DONUT, FRUIT, JUICE, MILK

7

E-LEARNING DAY

10

FRENCH TOAST BITES, FRUIT, JUICE, MILK

11

"GRAB AND GO" BREAKFAST
FRUIT, JUICE, MILK

12

EGG AND CHEESE WRAP, FRUIT, JUICE, MILK

13

Valentine's Day
CHOCOLATE FILLED CRESCENT ROLL, FRUIT, JUICE, MILK

14

Presidents/ Flex day

17

GRAPE FILLED CRESCENT, FRUIT, JUICE, MILK

18

PANCAKES, FRUIT, JUICE, MILK

"GRAB AND GO" BREAKFAST
FRUIT, JUICE, MILK

19

BREAKFAST SANDWICH, FRUIT, JUICE, MILK

20

MINI CINNAMON ROLL, FRUIT, JUICE, MILK

21

WARM CHERRY FILLED FRUDEL, FRUIT, JUICE, MILK

24

MINI WAFFLES, FRUIT, JUICE, MILK

25

"GRAB AND GO" BREAKFAST,
FRUIT, JUICE, MILK

26

FRENCH TOAST STICKS, FRUIT, JUICE, MILK

27

DONUT HOLES, FRUIT, JUICE, MILK

28