



School Information: For summer feeding sites please call 1-866-3Hungry or text 914-342-7744 with the keyword "summer meals". For further summer assistance please email <https://indianasunbucks.com>



Nutrition Tip: Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.



Reference: USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1
"GRAB AND GO", FRUIT,
JUICE, MILK

2
WAFFLES, FRUIT, JUICE,
MILK

3
CINNAMON ROLL,
FRUIT, JUICE, MILK

6
MINI FRENCH TOAST,
FRUIT, JUICE, MILK

7
CHICKEN AND BISCUIT,
FRUIT, JUICE, MILK

8
"GRAB AND GO", FRUIT,
JUICE, MILK

9
BREAKFAST BURRITO,
FRUIT, JUICE, MILK

10
DONUT W/ TOPPING,
FRUIT, JUICE, MILK

13
WARM FRUIT FRUDEL,
JUICE, FRUIT, MILK

14
PANCAKE WRAP,
FRUIT, JUICE, MILK

15
"GRAB AND GO", FRUIT,
JUICE, MILK

16
EGG & CHEESE,
SANDWICH, FRUIT,
JUICE, MILK

17
FRENCH TOAST STICKS,
FRUIT, JUICE, MILK

20
DONUT STICK, FRUIT,
JUICE, MILK

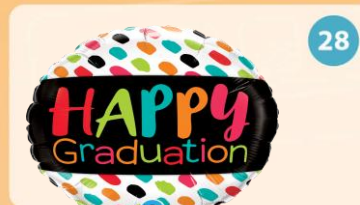
21
FRUIT SMOOTHIE,
FRUIT, JUICE, MILK

22
"GRAB AND GO", FRUIT,
JUICE, MILK

23
STUDENTS LAST DAY
☺
COOKS CHOICE, FRUIT,
JUICE, MILK

24
TEACHERS LAST DAY.
☺

27
Memorial Day
ENJOY YOUR SUMMER!
☺



31
THIS INSTITUTION IS
AN EQUAL
OPPORTUNITY
PROVIDER.