



High School and Middle Schools Sports Physicals

All candidates for middle school and high school athletic teams (grades 6–12) during the 2018–2019 school year must complete a physical examination performed by a physician (MD or DO) holding an unlimited license to practice medicine, nurse practitioner or physician assistant. The examination must take place—and the provider’s signature, with license number, must be dated—after April 1, 2018.

Sports physical forms may be available through your school's athletic department. In order for a student-athlete to be eligible for any sport, a completed sports physical form must be returned to the appropriate athletic office prior to the first practice. Riverview Health will provide physical examinations for prospective student athletes at a cost of \$25.

In addition, Riverview Health is offering an optional cardiac screening for student-athletes. This screening evaluates the potential risk of sudden death from cardiac-related abnormalities. The test consists of an electrocardiogram and an echocardiogram and takes approximately 20 minutes to complete. This screening is offered at a cost of \$30. This screening is available at Riverview Health Heart & Vascular. Please call Riverview Health Central Scheduling at 317.776.7247 to make an appointment.

2018 School Sports Physicals Provided by Riverview Health

Cost: \$25

High school and middle school athletes:

Date: Saturday, May 19, 2018

Location: Riverview Health Physicians Orthopedics & Sports Medicine
510 E. State Rd.32, Suite A
Westfield, IN 46074

Time: 9-10:30 a.m.

Online Registration

For your convenience, online registration and payment is available for sports physicals. Please visit riverview.org/physicals. Once you complete the registration form, you will receive a receipt via email. Please print this receipt and bring it with you to the screening as proof-of-payment. Visa and MasterCard are accepted.

On-site Registration

You may also register and pay for your physical exam on-site. Cash or check will be accepted. Please make checks payable to Riverview Health.

Frequently Asked Questions

Must I have the physical completed at the school in order to participate in athletics? No. Any licensed medical provider of your choosing may conduct the physical exam. The examination must take place—and the provider's signature must be dated—after April 1, 2018.

How long is the physical valid? Physicals conducted after April 1, 2018, are valid for athletic participation through the entire 2018-2019 school year.

Can a parent accompany the athlete through the exam? Yes.

Can I use the physical form provided by my doctor's office? Only the valid, current 2018-2019 sports physical form can be accepted for athletic participation. Often times, the forms available through a doctor's office are out-of-date and cannot be accepted. We recommend getting the appropriate forms from the athletic office of the school your child will attend or on the high school athletic website.

Do I have to do the cardiac screening to participate in athletics? No, this screening is optional.

Additional questions should be directed to the appropriate athletic office at the school where your child will be participating in athletics during the 2018-2019 school year.