



SHERIDAN MIDDLE AND HIGH SCHOOL

BREAKFAST

MONDAY

BREAKFAST BAR, FRUIT,
JUICE, MILK

02

TUESDAY

PANCAKE WRAP, FRUIT,
JUICE, MILK

03

WEDNESDAY

BREAKFAST MUFFIN, FRUIT,
JUICE, MILK

04

THURSDAY

MINI WAFFLES, FRUIT, JUICE,
MILK

05

FRIDAY

DONUT HOLES, FRUIT, JUICE,
MILK

06

POPTART, FRUIT, JUICE, MILK

09

CHERRY FRUDEL, FRUIT,
JUICE, MILK

10

PANCAKES, FRUIT, JUICE,
MILK

11

CINNAMON PULL-APART
ROLL, FRUIT, JUICE, MILK

12

DONUT HOLES, FRUIT, JUICE,
MILK

13

BREAKFAST MUFFIN, CHEESE
STICK, FRUIT, JUICE, MILK

16

St. Patrick's Day LUCKY
CHARMS CEREAL, FRUIT,
JUICE, MILK

17

FRENCH TOAST, FRUIT,
JUICE, MILK

18

BREAKFAST SANDWICH,
FRUIT, JUICE, MILK

19

DONUT HOLES, FRUIT, JUICE,
MILK

20

WARM CINNAMON ROLL,
FRUIT, JUICE, MILK

23

BREAKFAST PIZZA, FRUIT,
JUICE, MILK

24

APPLE FRUDEL, FRUIT, JUICE,
MILK

25

COOKS CHOICE, FRUIT,
JUICE, MILK

26

SPRING BREAK BEGINS



27

SPRING BREAK



30

SPRING BREAK



31

**USDA IS AN EQUAL
OPPORTUNITY PROVIDER,
EMPLOYER AND LENDER.**



School Information:

MARCH 11TH STUDENT EARLY RELEASE
MARCH 27TH SPRING BREAK STARTS

MARCH 2026



INSTITUTO Y SECUNDARIA SHERIDAN DL

BREAKFAST

MONDAY

Barra de desayuno, fruta, zumo, leche

02

TUESDAY

Wrap de tortita, fruta, zumo, leche

03

WEDNESDAY

Muffin de desayuno, fruta, zumo, leche

04

THURSDAY

Mini gofres, fruta, zumo, leche

05

FRIDAY

Bolas de donut, fruta, zumo, leche

06

Poptart, fruta, zumo, leche

09

Frudel de cereza, fruta, zumo, leche

10

Tortitas, fruta, zumo, leche

11

Rollito de canela desmenuzable, fruta, zumo, leche

12

Bolas de donut, fruta, zumo, leche

13

Magdalena de desayuno, barrita de queso, fruta, zumo, leche

16

Día de San Patricio
Cereales Lucky Charms, fruta, zumo, leche

17

Tostadas francesas, fruta, zumo, leche

18

Bocadillo de desayuno, fruta, zumo, leche

19

Bolitas de donut, fruta, zumo, leche

20

Rollito de canela caliente, fruta, zumo, leche

23

Pizza de desayuno, fruta, zumo, leche

24

Frudel de manzana, fruta, zumo, leche

25

Selección del cocinero, fruta, zumo, leche

26

Comienzan las vacaciones de primavera J

27

VACACIONES DE PRIMAVERA J

30

VACACIONES DE PRIMAVERA J

31

El USDA es un proveedor, empleador y prestamista que ofrece igualdad de oportunidades.



Información escolar:

11 DE MARZO JUE SALIDA ANTICIPADA DEL ALUMNADO
27 DE MARZO JUE COMIENZAN LAS VACACIONES DE PRIMAVERA
MARCH 12 SPRING BREAK STARTS

MARCH 2026