



SHERIDAN MIDDLE AND HIGH SCHOOL



MONDAY

MINI CORNDOGS, DIPPING SAUCE, MIXED VEGGIES, ROMAINE SALAD, FROZEN FRUIT CUP, MILK

02

TUESDAY

WALKING TACO, TACO MEAT, REFRIED BEANS, CHIPS, SALSA, FRESH FRUIT, MILK

03

WEDNESDAY

CALZONE, MARINARA SAUCE, STEAMED BROCCOLI, FRESH FRUIT, MILK

04

THURSDAY

CHICKEN AND NOODLES, GREEN BEANS, MASHED POTATOES, APPLESAUCE, FRESH FRUIT, ROLL, MILK

05

FRIDAY

GRILLED CHEESE ON TEXAS TOAST, TOMATO SOUP, CARROTS AND CELERY STICKS, MIXED FRUIT CUP, MILK

06

BEEF RAVIOLI, BREAD STICK, SPINACH SALAD, STEAMED CARROTS, FRESH FRUIT, MILK

09

NACHOS, SEASONED CHICKEN, CHIPS, SALSA, BLACK BEAN SALAD, FROZEN FRUIT CUP, MILK

10

BOSCO STICKS, MARINARA SAUCE, CALIFORNIA STEAMED VEGGIES, PEACHES, MILK

11

CHICKEN TENDERS, WHIPPED POTATOES, GRAVY, CORN, BISCUIT, FRESH FRUIT, MILK

12

BASKETBALL MARCH MADNESS BEGINS, MOZZ. STICKS, LOADED POTATO CUP, MEATBALLS, MINI PIZZA, FRUIT, VEGGIE, MILK

13

APPLE TEXAS TOAST, BREAKFAST POTATOES, SAUSAGE, WARM SPICED APPLES, TOMATO JUICE, MILK

16

St. Patrick's Day IRISH NACHOS, SEASONED MEAT, POTATO WEDGES, CHEESE, SALSA, CHIPS, MIXED FRUIT, MILK

17

ASIAN FUSION BOWL EGGROLL, RICE OR RAMEN NOODLES, CHICKEN, VEGGIES, PINEAPPLE, MILK, FORTUNE COOKIE

18

BLACKHAWK BOWL, CHICKEN POPPERS, MASHED POTATOES, CORN, GRAVY, CORNBREAD, CHEESE, APPLESAUCE, MILK

19

MACARONI AND CHEESE, PULLED PORK SLIDER, BAKED BEANS, CARROTS, FRESH FRUIT, MILK

20

CHICKEN AND WAFFLES, HASH BROWNS, TOMATO JUICE, FRUIT, MILK

23

CRISPIITOS, SALSA, CHURRO BEANS, MEXI RICE, MIXED FRUIT, MILK

24

CHICKEN ALFREDO, GARLIC BREAD, BROCCOLI, ROMAINE SALAD, FRESH FRUIT, MILK

25

COOKS CHOICE, VEGGIES, FRUIT, MILK, TREAT

26

SPRING BREAK STARTS



27

SPRING BREAK



30

SPRING BREAK



31



USDA IS AN EQUAL OPPORTUNITY PROVIDER, EMPLOYER AND LENDER.



School Information:

MARCH 11TH STUDENT EARLY RELEASE
MARCH 27TH SPRING BREAK STARTS

MARCH 2026



INSTITUTO DE EDUCACIÓN SECUNDARIA SHERIDAN



MONDAY

MINI PERROS CALIENTES, SALSA PARA MOJAR, VERDURAS VARIADAS, ENSALADA DE ROMANA, COPA DE FRUTA CONGELADA, LECHE

02

TUESDAY

TACO CAMINANTE, CARNE DE TACO, FRIJOLES REFritos, TOTOPOS, SALSA, FRUTA FRESCA, LECHE

03

WEDNESDAY

CALZONE, SALSA MARINARA, BRÓCOLI AL VAPOR, FRUTA FRESCA, LECHE

04

THURSDAY

POLLO CON FIDEOS, JUDÍAS VERDES, PURÉ DE PATATAS, COMPOTA DE MANZANA, FRUTA FRESCA, PANECILLO, LECHE

05

FRIDAY

SÁNDWICH DE QUESO FUNDIDO EN PAN TEXAS, SOPA DE TOMATE, PALITOS DE ZANAHERIA Y APIO, COPA DE FRUTA VARIADA, LECHE

06

RAVIOLIS DE TERNERA, PALITO DE PAN, ENSALADA DE ESPINACAS, ZANAHERIAS AL VAPOR, FRUTA FRESCA, LECHE

09

NACHOS, POLLO SAZONADO, TOTOPOS, SALSA, ENSALADA DE FRIJOLES NEGROS, COPA DE FRUTA CONGELADA, LECHE

10

PALITOS BOSCO, SALSA MARINARA, VERDURAS CALIFORNIANAS AL VAPOR, MELOCOTONES, LECHE

11

TIRAS DE POLLO, PATATAS CREMOSAS, SALSA, MAÍZ, BIZCOCHO, FRUTA FRESCA, LECHE

12

COMIENZA LA LOCURA DEL BALONCESTO EN MARZO, PALITOS DE MOZZARELLA, VASITO DE PATATAS CON GUARNICIONES, ALBÓNDIGAS, MINI PIZZAS, FRUTA, VERDURAS, LECHE

13

TOSTADA TEXAS CON MANZANA, PATATAS DE DESAYUNO, SALCHICHA, MANZANAS CALIENTES Y ESPECIADAS, ZUMO DE TOMATE, LECHE

16

NACHOS IRLANDESES DEL DÍA DE SAN PATRICIO, CARNE SAZONADA, PATATAS GAJO, QUESO, SALSA, TOTOPOS, FRUTA MIXTA, LECHE

17

BOL ASIÁTICO FUSIÓN CON ROLLITO DE PRIMAVERA, ARROZ O FIDEOS RAMEN, POLLO, VERDURAS, PIÑA, LECHE, GALLETA DE LA SUERTE

18

BOWL BLACKHAWK, POPPERS DE POLLO, PURÉ DE PATATAS, MAÍZ, SALSA, PAN DE MAÍZ, QUESO, COMPOTA DE MANZANA, LECHE

19

MACARRONES CON QUESO, MINI BOCADILLO DE CERDO DESMECHADO, JUDÍAS HORNEADAS, ZANAHERIAS, FRUTA FRESCA, LECHE

20

POLLO CON GOFRES, PATATAS HASH BROWNS, ZUMO DE TOMATE, FRUTA, LECHE

23

CRISPITOS, SALSA, ALUBIAS CHURRO, ARROZ MEXICANO, FRUTA MIXTA, LECHE

24

POLLO ALFREDO, PAN DE AJO, BRÓCOLI, ENSALADA DE ROMANA, FRUTA FRESCA, LECHE

25

ELECCIÓN DEL COCINERO, VERDURAS, FRUTA, LECHE, POSTRE

26

COMIENZO DE LAS VACACIONES DE PRIMAVERA J

27

VACACIONES DE PRIMAVERA J

30

Primavera Vacaciones



31



USDA es un proveedor, empleador y prestamista que ofrece igualdad de oportunidades.



Información del colegio:

11 de marzoTH Salida anticipada de estudiantes

27 de marzoTH Comienzan las vacaciones de primavera

SPRING BREAK STARTS

MARCH 2026