



School Information: For summer feeding sites please call 1-866-3Hungry or text 914-342-7744 with the keyword "summer meals". For further summer assistance please email <https://indianasunbucks.com>



Nutrition Tip: Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.



Reference: USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1
MINI PANCAKES, FRUIT,
JUICE, MILK

2
GRAPE CRESCENT,
FRUIT, JUICE, MILK

3
APPLE TEXAS TOAST,
FRUIT, JUICE, MILK

6
DONUT HOLES, FRUIT,
JUICE, MILK

7
APPLE FRUDEL, FRUIT,
JUICE, MILK

8
MINI WAFFLES, FRUIT,
JUICE, MILK

9
CINNI-MINI PULL-
APART ROLL, FRUIT,
JUICE, MILK

10
PANCAKE WRAP,
FRUIT, JUICE, MILK

13
CRUNCHMANIA, FRUIT,
JUICE, MILK

14
CHICKEN BISCUIT,
FRUIT, JUICE, MILK

15
MINI FRENCH TOAST,
FRUIT, JUICE, MILK

16
STRAWBERRY MINI
BAGEL, FRUIT, JUICE,
MILK

17
CINNAMON TOAST
CRUNCH, FRUIT, JUICE,
MILK

20
DONUTS, FRUIT, JUICE,
MILK

21
COOK'S CHOICE, FRUIT,
JUICE, MILK

22
COOK'S CHOICE, FRUIT,
JUICE, MILK

23
STUDENTS LAST DAY
☺
COOK'S CHOICE, FRUIT,
JUICE, MILK

24
TEACHERS LAST DAY
☺

27
Memorial Day
ENJOY YOUR SUMMER!



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THIS INSTITUTION IS
AN EQUAL
OPPORTUNITY
PROVIDER.

